

Fresh Pressed
JUICE
.....(C).....

16 oz 9.50 | 24 oz + 3.00

BIG RED BEETS
orange, apple, carrot,
beet, lemon, ginger

GRACIOUS GREENS
lime, lemon, pear,
cucumber, celery, kale

IMMUNE TO IT
orange, apple, carrot,
lemon, ginger, turmeric

KALE YEAH
pineapple, celery, apple,
kale, ginger, lemon

PHYTONUTRIENTS
cucumber, celery, spinach,
kale, lemon, ginger

PIÑA PICANTE
pineapple, cucumber,
apple, jalapeño, mint

POPEYE PUNCH
spinach, cucumber,
apple, lemon, ginger

RADIANCE
pineapple, cucumber,
apple, mint

SUNRISE
pineapple, carrot,
lemon, lime, cayenne

RECOVERY
orange, cucumber,
beet, kale, lemon

TUMMY TAMER
pineapple, apple,
lemon, spinach, mint

CREATE *5 ingredients of
your choice +1.0
your own!* *for additional
ingredients*
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WELLNESS
SHOTS **2 oz | 5.25**

ENERGY SHOT
apple, beet, chia, maca,
ginger & lemon

**COLD - PRESSED
JUICE CLEANSSES**

BEGINNER	38.50
ONE DAY	50.00
TWO DAY	100.00
THREE DAY	150.00
FOUR DAY	200.00
FIVE DAY	250.00

*Cleanse Benefits
may include:*

- Mental clarity
- Glowing skin
- Improved mood
- Reduced bloating
- Intense hydration
- More regulated colon
- Rest for certain organs
- Boost in energy
- Deeper sleep

————— **ORGANIC** —————
COFFEE & TEA
12 oz hot 16 oz cold | 24 oz + 2.50

COFFEE **2.75**
espresso
drip coffee
cold brew
cappuccino **4.75**

LATTES **6.00**
blue lavender
mint cacao
pumpkin spice
salted caramel
(+ espresso shot 1.50)
latte **4.75**

HOT CHOC **6.00**
reishi hot cacao

HOT TEAS **2.50**
loose-leaf
butterfly pea flower
chamomile
lavender mint
peppermint
(add tea flavors 1.00)

SUPERLATTES **6.00**
chai
honey lavender matcha
honey pistachio matcha
golden
matcha
mocha

*Superlattes are designed to leave
you clear headed and energized.*

*Blended with super creamer (oat + coconut),
adaptogens, reishi, lion's mane and probiotics
to help manage stress and anxiety, aid in
digestion and boost immunity.*
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SUPERTEAS iced* **5.00**
strawberry lemonade
mango green

*Packed with functional botanicals for
skin hydration, gut health and stress relief.*
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MILK *oat or almond*
NATURAL SWEETENERS
maple or honey

Smoothies

..... ONLY REAL INGREDIENTS

16 oz 9.50 | 24 oz + 2.50

POST WORKOUT

strawberry, banana,
almond milk, chia seeds,
maple, almond butter

MANGO DREAM

orange, banana, mango,
almond milk, turmeric,
cinnamon, honey

SUPERFRUIT

strawberry, blueberry,
banana, apple, açai,
honey, coconut water

BAHAMA BABE

orange, pineapple,
coconut water, banana,
coconut oil, honey.
topped with coconut chips

BRAIN BOOST

blueberry, banana,
spinach, almond milk,
date paste, flax seeds

PB & B

peanut butter, banana,
almond milk, flax seeds,
honey, maca

METABOLIZER

kale, pineapple, lemon,
ginger, apple, chia seeds,
cayenne

GOOD MORNING

orange, pineapple,
strawberry, mango,
lemon, ginger, carrot

LAVENDER HONEY

dried lavender buds,
banana, blueberry,
coconut oil, honey,
almond milk



BLUE MAJIK

blue spirulina, pineapple,
banana, coconut water,
honey. topped with coconut
chips

PRETTY IN PINK

strawberry, pitaya, apple,
mango, lemon, coconut
water

GREEN MACHINE

spinach, kale, almond milk,
banana, honey, avocado,
almond butter

CHOCO LOVER

cacao, banana, almond
milk, avocado, almond
butter, flax seeds, maple

CHERRY BLISS

almond milk, banana,
cherries, almond butter,
cacao, cinnamon,
date paste

FOR *The* KIDS

6.50

PINKYLICIOUS

almond milk, strawberry, banana, honey

ORANGE CRUSH

almond milk, pineapple, orange, banana

SUPERHERO

almond milk, blueberry, banana, chia seeds

CREATE *your own!*

9.50

BASE LIQUID

FROZEN FRUIT #1

FROZEN FRUIT #2

FROZEN FRUIT #3

NATURAL SWEETENER

honey, maple syrup or dates

SMOOTHIE BOWLS

vegan & gf | 16 oz 13.50

hemp \ whey + 1.00

AH-SIGH-EE

almond milk, banana, chia seeds,
blueberry, strawberry, honey. topped
with granola, banana, hemp seeds,
strawberries, goji berries + drizzle
(free açai add on)

BARBEE

coconut water, banana, strawberry,
pitaya, coconut oil, honey. topped
with granola, banana, chia seeds,
strawberries, coconut
chips + drizzle

CHOCO BERRY

almond milk, banana,
strawberry, cacao,
almond butter, maple,
flax seeds. topped with
granola, strawberries,
banana, cacao nibs + drizzle

MAJIKAL

almond milk, banana,
pineapple, blue spirulina,
honey, coconut oil. topped
with granola, banana,
hemp seeds, coconut
chips + drizzle

MATCHA MANGO

almond milk, banana, mango,
pineapple, matcha, chia seeds,
honey. topped with granola,
banana & coconut chips + drizzle

PEANUT BUTTER

almond milk, banana, peanut butter, chia
seeds, maca, honey. topped with grano-
la, banana, cacao nibs + drizzle

TROPICAL PARADISE

coconut water, banana, pineapple,
mango, honey, turmeric, layered with
chia pudding. topped with granola,
banana, coconut chips,
goji berries + drizzle

WINTER BERRY

almond milk, banana, cherries, cacao,
cinnamon, almond butter, date paste.
topped with granola, banana,
cacao nibs + drizzle



Nutrient-rich ingredients for a healthy boost!

SUPERFOODS \$1

açai powder

almond butter

black pepper

cacao nibs

cacao powder

camu camu

cayenne

chia seeds

cinnamon

coconut chips

coconut oil

cranberries

dates

egg

everything

seasoning

feta

flax seeds

garlic

goji berries

granola

hemp protein

hemp seeds

honey

hummus

maca

maple

matcha

olive oil

peanut butter

pesto

pink sea salt

pitaya powder

pumpkin seeds

red pepper flakes

spirulina (blue)

sunflower seeds

turmeric

vanilla

walnuts

whey protein

EATS

Healthy & Delicious

SALADS

10.95

KALE & CRANBERRY

spring mix, baby kale, quinoa, feta, chicken, carrot shreds, avocado, sunflower seeds, cranberries. recommend lemon tahini dressing

HAPPY HUMMUS

spring mix, quinoa, red bell pepper, hummus, dates, feta, cucumber, avocado, walnuts, hemp seeds

GARDEN GREENS

spring mix, cucumber, quinoa, avocado, feta, pumpkin seeds, egg, hemp seeds, everything seasoning

GREEK

spring mix, quinoa, bell pepper, kalamata olives, pepperoncini, cucumber, feta, pumpkin seeds.

PRETTY PEAR

spring mix, quinoa, chicken, pear, avocado, cranberries, walnuts, feta

THAI CRUNCH

spring mix, avocado, quinoa, red cabbage, carrot, red bell pepper, chicken, feta, cucumber, sesame & pumpkin seeds. recommend thai peanut dressing

Dressings

housemade balsamic vinegar, italian, lemon tahini & thai peanut. poblano ranch

SOUP



4.95

ROASTED RED PEPPER & TOMATO

water, organic tomato, skim milk, heavy cream, and organic red bell peppers

WRAPS

10.50

CALIFORNIA LOVE

avocado, chicken, provolone, spinach, tomato, quinoa, cucumber, sea salt, garlic, red pepper flakes

CHICKEN PESTO WRAP

pesto, avocado, quinoa, red pepper flakes, feta, chicken, tomato & spinach

EGG & CHEESE

avocado, egg, tomato, spinach, provolone, black pepper, sea salt, olive oil

BUFFALO CHICKEN

avocado, quinoa, chicken, buffalo sauce, feta, spinach

SWEET & SALTY

peanut or almond butter, apples, honey, cinnamon, hemp seeds, sea salt

VEGGIES ONLY

avocado, hummus, quinoa, spinach, red bell pepper, cucumber, carrot, garlic, sea salt, red pepper flakes, balsamic dressing

PEANUT CHICKEN

avocado, chicken, red cabbage, quinoa, red bell pepper, carrot, cucumber, feta, spinach, thai peanut dressing, sesame seeds

CRUNCHY KALE

avocado, quinoa, kale, carrot shreds, chicken, feta, cucumber, pumpkin seeds, cranberries, housemade tahini drizzle

Whole Grain, Spinach included, Gluten-Free Tortilla + 2.

TOASTS

LE QUARTIER SOURDOUGH OR GLUTEN FREE + 2.00

AVOCADO

7.95

AVO & EGG

avocado, egg, microgreens, olive oil, everything seasoning, red pepper flakes, lemon

CLASSIC

avocado, microgreens, lemon, olive oil, red pepper flakes, everything seasoning

EGG SALAD

avocado, egg, feta, red pepper flakes, garlic, sea salt, black pepper

GREEK

housemade hummus, cucumber, lemon, microgreens, feta, dill, sea salt, red pepper flakes

HUMMUS & AVO

housemade hummus, avocado, pumpkin seeds, red pepper flakes, black sesame seeds, sea salt, lemon

PESTOLICIOUS

avocado, vegan pesto, microgreens, feta, lemon, everything seasoning

GRILLED CHEESE

CHEESE & APPLE 10.50

apple, provolone, chicken, basil, honey, salt & cracked black pepper.

ULTIMATE

hummus, feta, provolone, spinach & tomatoes

SWEET & SAVORY

7.95

ALMOND BUTTER

banana, cinnamon, hemp seeds, almond butter, honey, sea salt

APPLE PIE

peanut or almond butter, apple, cinnamon, sea salt, honey, hemp seeds or cacao nibs

BERRYLICIOUS

almond or peanut butter, strawberry, banana, hemp seeds, honey, sea salt

TEDDY BEAR *kids*

peanut or almond butter, banana, blueberry, honey

GRAB-N-GO *Gluten-Free*

PB & CHOC CHIA MOUSSE 5.50

almond milk, peanut butter, cacao, chia seeds, maple, vanilla. topped with granola, cacao nibs

ENERGY BALLS 5.00

peanut butter, oats, chia seeds, hemp seeds, honey, pink sea salt

OVERNIGHT OATS 6.50

oats, almond milk, maple, chia seeds, peanut butter, vanilla. topped with granola, coconut chips, pumpkin seeds

PASTA SALAD 6.50

gluten free chickpea pasta, bell pepper, kalamata olives, pepperoncini, feta, cucumber, pumpkin seeds. italian dressing